teen Mental Health First Aid (tMHFA) aims to provide the highest impact training for its participating Instructors, teens and organizations. As you create your tMHFA training plan, there are a few factors to keep in mind:

- 1. Plan to certify at least one Instructor for every 125 teens.
- Determine the amount of time it would take to train your students.
- 3. The size, scope and desired timeline of your training plan will help to determine the number of Instructors needed. For example, a school district may choose to host a private Instructor training while a small youth-serving community program may choose to train one Instructor.

PURCHASING OPTIONS

tMHFA Instructor Training and Manuals – For schools or organizations purchasing the tMHFA program, with each tMHFA Instructor candidate trained, sites receive 125 tMHFA manuals.

Private tMHFA Instructor Training and Manuals – Contract with the National Council to train up to 16 of your tMHFA Instructor candidates in a closed session.

How to find an Instructor – Our team is happy to help you find an Instructor to implement tMHFA at your site. <u>Complete this interest form</u>, and a team member will contact you.

Have additional questions? <u>Our tMHFA Client Development Managers</u> are here to help you select the right resources to realize your tMHFA training goals.

Individual School or Youth-serving Organization	School District or Enterprise/Large Organization (purchasing and coordinating for multiple schools or sites)	Individual Schools or Youth-serving Organizations of any size
Instructor training and manuals	Instructor training and manuals for up to 16 Instructor candidates	Manuals only
 What's Included 3-day tMHFA Instructor training for one Instructor candidate 1-day optional training for Blended certification 125 tMHFA manuals *Recommended when training 6+ Instructors 	 What's Included: Private 3-day tMHFA Instructor training for up to 16 participants 1-day optional training for Blended certification 	What's Included: » Per manual » 5% discount for 125+ manuals
\$3,300	\$26,000	\$12.95

Note: All teens must receive a physical manual when taking the tMHFA program. Accepted sites can purchase tMHFA manuals for \$12.95 per manual.

Discounts: Organizations that are members of the National Council for Mental Wellbeing will receive a discounted price. If you are interested in becoming a National Council member, please <u>submit this interest form</u>, and someone from our team will reach out to discuss.