

Adult/Youth Mental Health First Aid (MHFA) Instructor Training

PUBLIC INSTRUCTOR CERTIFICATION PROCESS

The prerequisite to the Instructor Training is taking a [MHFA Course](#) in the curriculum that you plan to teach (Adult or Youth). MHFA certificates expire after three (3) years.

To [become an Instructor](#), candidates complete an application (10-15 minutes), self-paced pre-work (approximately 2 hours), a remote 3-day Instructor-Led Training, and self-paced post work (1 hour). Please review the [Instructor Certification Process](#) for more information regarding tuition cost, training format, cancellation policy, and more.

READY TO APPLY? [CLICK HERE!](#)

The [Instructor Application](#) is in place to ensure candidates have the appropriate skills and interests to be successful Instructors. We are looking for candidates to be confident in areas of public speaking, teaching, marketing, and have passion for issues surrounding mental health. Not sure if Instructor Certification is right for you? Take a deeper look at the [Instructor Role](#).

Haven't taken the MHFA Course yet but want to reserve a seat in an Instructor Training? You can opt to "waive" the prerequisite and move forward with the Instructor Application. However, you **must** complete an MHFA Course within thirty (30) days after the last day of the Instructor Training Course.

For **Missouri and Maryland Residents**, please visit our state partners' websites to apply for their in-state Instructor training courses. These courses are only open to in-state residents.

- [Apply for Missouri Instructor Training](#)
- [Apply for Maryland Instructor Training](#)

PRIVATE HOSTED TRAINING

Is your organization considering training 10 or more Instructors? If so, we would be happy to coordinate a private (onsite or virtual) training for your group! Fill out the [Hosted Training Interest Form](#) for more information and to get into contact with a Client Development Manager.



Upcoming Public Instructor Trainings

The live, 3-day Instructor Training course is held virtually over Zoom from 9 AM - 5 PM each day of the training in the time zone indicated (Eastern, Central, or Pacific Time).

ADULT	
Dec 8 – 10	Central
Dec 9 – 11	Eastern
Dec 10 – 12	Pacific
Dec 15 – 17	Central
Dec 16 – 18	Eastern
Dec 17 – 19	Central
Jan 5 - 7	Central
Jan 6 - 8	Eastern
Jan 7 - 9	Central
Jan 12 - 14	Eastern
Jan 13 - 15	Central
Jan 14 - 16	Eastern
Jan 19 - 21	Pacific
Jan 20 - 22	Central
Jan 20 - 22	Eastern
Jan 26 - 28	Central
Jan 27 - 29	Eastern
Jan 28 - 30	Central
*Feb 18 - 20	Eastern
*March 9 - 11	Central

YOUTH	
Dec 9 – 11	Eastern
Dec 10 – 12	Pacific
Dec 15 – 17	Central
Dec 16 – 18	Eastern
Jan 5 - 7	Central
Jan 7 - 9	Eastern
Jan 12 - 14	Eastern
Jan 13 - 15	Central
Jan 19 - 21	Pacific
Jan 20 - 22	Eastern
Jan 27 - 29	Central
Jan 28 - 30	Eastern
*Feb 18 - 20	Eastern
*March 9 – 11	Central

***Early registration course. Courses are added on a rolling basis, year-round.**

*All Public Instructor Training Course orders require a credit card to check out.
For any questions, please email MHFAapplications@thenationalcouncil.org.*

